

## FOR IMMEDIATE RELEASE

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## **Sunflower Foundation Announces New Leader for Sunflower Trails**

TOPEKA - The Topeka-based Sunflower Foundation: Health Care for Kansans is pleased to welcome Elizabeth Stewart, PhD, as the new program officer for its Sunflower Trails and built environment programs. In this role, Dr. Stewart will direct the long-standing Sunflower Trails program, a statewide initiative to promote school and community-based trails in Kansas communities.

"We are excited to welcome Dr. Stewart to our team," said Billie Hall, President and CEO of the Sunflower Foundation. "Since we began our work in the built environment, we have studied how policies, practices, and environmental factors affect healthy living and physical activity at the community level. Dr. Stewart's expertise and leadership will help us evaluate and enhance our current programs," Hall said. [Stewart's BIO]

Dr. Stewart previously served as the evaluation director of practice-based research for the American Academy of Family Physicians, where she worked with physicians across the country through clinical trials and translational research. She has spent the majority of her career in programs and research related to healthy behavior changes at the personal and public health level.

The mission of the Sunflower Foundation is to serve as a catalyst for improving the health of Kansans, which it supports through a program of grants and related activities. Further details of the foundation's programs and grants are available at <a href="https://www.sunflowerfoundation.org">www.sunflowerfoundation.org</a>.